

THE BODY & BLOOD OF CHRIST

PRAYER AT HOME RESOURCE

We continue to praise and thank God for the coming of the Spirit and to celebrate and pray for the gifts given us.

If you have a special home candle from Easter please use it or use a new candle. This home liturgy consists of two readings from scripture, a reflection, Prayers of Intercession and the Our Father, a Seder table ritual.

Hymn options are in [blue](#) with a YouTube link beside. To access, hover over the link, right click and choose 'Open link in a new tab'. In this way you will still be able to see the main text page whilst listening to the hymn.

The text in *red italics* are instruction not to be read out loud.



*“... and the bread that I will give
is my flesh for the life of the world.”*

*“... ä, te taro e hoatu e ahau, ko
töku kikokiko hei orange mö te ao.”*



He tikanga o te Penekote

The Leader lights the candle and says this prayer.

Kaiārahi: Kia tau ki a tatou te aroha noa o te Atua me nga mea homai noa a te Wairua.
All: Ki tōu wairua anō hoki.
Kaiārahi: Kia whakanui tatou i nga taonga kua homai nei e te Hahi ki a te Karaiti, na roto i te Wairua Tapu.

A Pentecost Ritual

Leader: May the grace of God and the gifts of the Spirit be with you.
All: And with your spirit
Leader: Let us celebrate the gifts which the Church has been given by Christ, through the Holy Spirit.

Take turns to ask for the seven gifts of the Holy Spirit:

Send Wisdom to be our guide.
Gift us with Courage.
May we nurture your gift of Understanding.
Increase in us the Knowledge of your will for us.
May our decisions reflect Right Judgement.
Call us to Wonder at your creation.
May we stand in Reverence of your presence in our lives.

Tukuna te whakaaro nui hei kaiarahi ma matou
Homai ki a maatau he maia.
Kia kaha maataki taau koha mate mate.
Whakanuia to maatau mohio ki o huarahi
Kia whakatau whakaaro marika tatou
Kia miharo tatou mo te hanganga
Kia wehi matou ki tou aroaro

Glory to God (Tony Alonso)

https://www.youtube.com/watch?v=vnmNz-gsFsM&list=RDvnmNz-gsFsM&start_radio=1&t=26

Refrain: Glory to God in the highest, and earth peace to people, people of good will.

The Leader passes the candle to the Reader.

1 Corinthians 10.16-17

The cup of blessing that we bless, is it not a sharing in the blood of Christ?
The bread that we break, is it not a sharing in the body of Christ?
Because there is one bread, we who are many are one body, for we all partake of the one bread.

Reta tuatahi ki te hunga o Koriniti. Ūpoko Tekau

Te karihe whakapainga e whakapai nei tātou, ehara koia i te whiwhinga tahitanga ki ngā toto o te Karaiti te inu?
Me te taro e whatiwhatia nei e tātou, ehara koia i te urunga tahitanga ki te kai i te tinana o te Ariki?
Kotahi anō hoki taro, kotahi anō tinana tātou tokomaha; tātou katoa e tango tahi nei, i te taro kotahi.



Psalm 147 (Alstott)

https://www.youtube.com/watch?v=VEIZMd_Ej1Q

Refrain: Praise the Lord, Jerusalem. Alleluia!

Glorify the Lord, O Jerusalem;
praise your God, O Zion.
For he has strengthened the bars of your gates;
he has blessed your children within you.

He has granted peace in your borders;
with the best of wheat he fills you.
He sends forth his command to the earth;
swiftly runs his word!

He has proclaimed his word to Jacob,
his statutes and his ordinances to Israel.
He has not done thus for any other nation;
his ordinances he has not made known to them.
Alleluia.

John 6.51-58

"I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?"

So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

Haami 104

Whakautu: Whakamoemititia te Ariki, e Hiruharama. Areruia!

Hiruharama, whakamoemititia te Ariki;
whakamoe- mititia tōu Atua, e Hiona.
Nāna nei hoki i whakakaha ōu kēti,
manaakitia ana e ia āutamariki i roto i ā koe.
Wh: Whakamoemititia te Ariki, e Hiruharama. Areruia!

Nāna anō i mau ai te rongō i roto i ōu rohe;
Nāna koe i mākona ai i te witi pai rawa.
E tukua ana e ia te kupu ki te whenua.
Tere rawa te rere o tāna kupu.
Wh: Whakamoemititia te Ariki, e Hiruharama. Areruia!

E whakakitea ana e ia tāna kupu ki a Hākopa,
āna tikanga, me āna whakaritenga ki a Iharaira.
Kāhore i pērā tāna hanga ki tētahi atu iwi.
Wh: Whakamoemititia te Ariki, e Hiruharama. Areruia!

Hoani 6.51-58

Na, ka mea a Hēhu ki ngā Hūrai, "Ko ahau te taro ora i heke iho i te rangi. Ki te kai tētahi i tēnei taro, e ora tonu ana ia, ā, te taro e hoatu e ahau, ko tōku kikokiko hei oranga mō te ao."

Na, ka totohe ngā Hūrai tētahi ki tētahi, ka mea, "Me pēhea e homai ai e tēnei tangata tōna kikokiko kia kainga e tātou?"

Na, ka mea a Hehu ki a rātou, "He pono, he pono tāku ka mea atu nei ki a koutou: ki te kāhore koutou e kai i te kikokiko o te Tama a te tangata, e inu i tāna toto, ekore koutou e whai oranga i roto i a koutou. Ko ia e kai ana i tōku kikokiko, e inu ana i tōku toto, he oranga tonutanga tōna, ā, māku ia e whakaara ake a te rā whakamutunga."

He kaipono hoki tōku kikokiko, he inumanga pono ōku toto. Ko ia e kai ana i tōku kikokiko, e inu ana i ōku toto, e noho ana i roto i a au, me ahau hoki i roto i ā ia. I tonoa mai ahau e te Matua, waihoki ko te tangata e kai ana i a au, ka ora i a au.



Challenge

Unity is easier to talk about than to achieve. There have always been divisions among people, including God's people. But we have access to a unique source of unity: the Eucharistic. In our act of breaking bread and drinking from the one cup, our relationship to one another is strengthened. Jesus gave himself for us and continues to do so even now. Though we know this, we need to be reminded that we are truly members of one body—his body. What is our attitude toward those who stand next to us in church, sharing this same life-giving gift? What is the gift we carry out to our communities?

Prayers

Pray together or take a prayer each

For the Church – that, those who eat and drink the Body and Blood of Christ will strive to overcome divisions and live in greater unity.

Reader: Lord send out your Spirit **All: And renew the face of the earth.**

For nations whose peoples are diminished by famine – that we learn to act as an international global community sharing resources and ensuring that the poorest of nations have enough food for all.

Reader: Lord send out your Spirit **All: And renew the face of the earth.**

For children whose world is shaped by hunger – that their hunger will be satisfied with nourishing food and that they will be able to live healthy and meaningful lives.

Reader: Lord send out your Spirit **All: And renew the face of the earth.**

For aid agencies who work to provide food and essential goods – that their presence stimulates the generosity of people, businesses and communities, encouraging them to give unselfishly.

Reader: Lord send out your Spirit **All: And renew the face of the earth.**

For people trapped by the desire to accrue ever greater wealth – that their hearts might be softened, that they learn to seek spiritual riches and respond to the cry of the poor.

Reader: Lord send out your Spirit **All: And renew the face of the earth.**

For people who must seek a new home in another country – that they will find welcome and refuge in a new country.

Reader: Lord send out your Spirit **All: And renew the face of the earth.**

For refugee camps encountering Covid 19 – that people will not be left to suffer and die alone. Move us to fund those who provide medical support, healing and may there be an end to this pandemic soon.

Reader: Lord send out your Spirit **All: And renew the face of the earth.**

Please add your own prayers



The Lord's Prayer

Everyone prays this together

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.

Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.

Kua akona nei tātou e tō tātou Ariki,
ka inoi tatou

E tō mātou Matua i te rangi
Kia tapu tōu Ingoa.
Kia tae mai tōu rangatiratanga.
Kia meatia tāu e pai ai
ki runga ki te whenua,
kia rite anō ki tō te rangi.
Hōmai ki a mātou āiane
he taro mā mātou mō tēnei rā.
Murua ō mātou hara,
Me mātou hoki e muru nei
i ō te hunga e hara ana ki a mātou.
Āua hoki mātou e kawea kia whakawaia;
Engari whakaorangia mātou i te kino:
Nōu hoki te rangatiratanga, te kaha,
me te korōria,
Āke ake ake. Āmine.

E tō mātou Matua (sung Our Father with words)

https://www.youtube.com/watch?v=QlyK7c_Az8g



A Seder Table Blessing

If you wish, follow the ancient Jewish tradition of the Table Seder. Place the lit candle with the bread and cups of wine/juice on the table. Read the Prayer together or read a verse each.

Table Song: 'Here at this table' (Whitaker)

<https://www.youtube.com/watch?v=PaDcuRD6Bo8>

Come and be filled here at this table.
Food for all who hunger and drink for all who thirst.
Drink of his love, wine of salvation.
You shall live forever in Jesus Christ the Lord.

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1st Century Prayer for household gatherings of Christians:

We give thanks to you, our Father,
For the life and knowledge which you have made
known to us.
Through Jesus, your servant, to you be glory
forever.

For as this broken loaf was once scattered over the
mountains and then was gathered in and became
one, so may our church be gathered together into
your kingdom from the very ends of the earth.
Yours is the glory and the power through Jesus
Christ forever.

Me whakapaingia e mātou ki a koe e te Matua,
Mo te oranga me te mātauranga mou kia mōhiotia
ai i a mātou.
Mā to mātou Ariki, to pononga, ki a koe te
kōroriatanga mo ake, ake.

Mo tēnei paraoa pakaru i marara ki runga i ngā
maungā ā i kohikohi ana ki roto, kātahi te
kōtahitanga, ka taea to tātou hāhi e whakakōtahi i ā
tātou ki roto i tō rangatiratanga mai i ngā taha
mutunga o te ao.
Nou hoki te kōroriatanga me te kaha mā Hehu
Karaiti to mātou Ariki mo ake, ake, ake.

Break the loaf into pieces and pass so each may take a piece to eat.

Take the cup of wine/juice saying;

We give thanks to you, our Father,
For the holy vine of David, your servant, which you
have made known to us.
Through Jesus, your servant, to you be glory
forever
Amen!

Me whakapaingia i ā mātou ki a koe, to mātou
Matua,
Mo te karepe o Rāwiri, to pononga, i whakamōhiotia
i a ia i ā mātou.
Mā to mātou Ariki, to pononga, ki a koe te
kōroriatanga mo ake, ake. Amene.

Pass the wine/juice so each may drink of the one cup.



Prayer of thanksgiving

We give thanks, O Holy Eternal One,
for your holy name and Spirit which you have made
to dwell in our hearts,
and for the knowledge and faith and life which you
have made known to us.
Through Jesus, your servant, to you be glory
forever.

Me whakapaingia e mātou e te Tapu Kotahi te Tika,
Mo tou ingoa tapu me te wairua i uru atu ki ōu
mātou ngākau,
Me te mātauranga te whakapono me te ora i tae te
mōhiotia i a mātou.
Mā to mātou Ariki, to pononga, ki a koe te
kōroriatanga mo ake, ake.

You are the one who created all beings, you have given food and drink to the human family that there may be joy and thankfulness. But to us, you have given spiritual food and drink, and life eternal through your servant Jesus. Above all things we give thanks to you because you are love: to you be glory forever.

Mou i hangaia i a mātou, i hōmai e koe i a mātou to whanau tāngata ngā kai, me ngā inu ā ka harikoa me mauruuru mātou. Ēngari ki ā mātou, nau i hōmaitia e ngā kai, ngā inu wairua, me te oranga tonutanga mā to mātou Ariki mā Hehu Karaiti. Kei runga noa ngā mea katoa ā ka hoatu ki ā koe te whakapaingia natemea ko koe te aroha, ki a koe te kōroriatanga mo ake, ake.

Remember, Lord, your church, deliver her from evil, make her complete in your love and gather her from the four winds into your kingdom which you have prepared for her. For yours is the power and the glory forever. Amen.

E te Matua maumaharatia e tou hāhi, tukua ia i te kino, whakaotingia ia i roto i tou aroha me kohikohi ia i ngā hau e whā i roto i tou rangatiratanga i whakaritea mōna. Mā tou kaha me te kōroriatanga mo ake, ake.
Amene.

Sending Forth

Diocese of Palmerston North Prayer for Consecration:

Holy Spirit of God, we, the Diocese of Palmerston North,
different peoples, one people of God,
give ourselves over to you.
Through you we know God intimately,
for you are the Spirit of God.
You inspire the Scriptures
which show us that God is like
a loving, trustworthy father,
a mother who tenderly gathers her children.
You give us joy in the news of our salvation.
Holy Spirit, work in our midst the miracles
that happen for those who trust you totally-
miracles of conversion, healing and reconciliation;
of new hope, new life and new beginnings. Amen.

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Ki te ingoa o te Matua, o te Tamaiti o te Wairua Tapu. Amene



“The Harvest of Justice” (Haas)

<https://www.youtube.com/watch?v=jmTk0kGzMGk>

May we find richness in the harvest of justice
which Christ Jesus has ripened for us.
Bread for the journey, make bread for the hungry,
all for the glory and praise of God.

Gather with patience for those who have nothing.
Leave them your riches, and you will receive.
Make room for the poor ones, make way for the stranger;
for I am the Lord, the Lord your God.

For to have mercy on those forgotten,
this is my true law, this is my command.
Clothe the naked, be home for the orphan,
be hope for the widow, and welcome the lost.

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