



THIRD SUNDAY OF EASTER

PRAYER AT HOME RESOURCE



A blessed Eastertide to you all ALLELUIA!

He mihi Aranga kia whakapaingia ki ā koutou, Areruaia!

It begins with a blessing of Light – if you had a candle for Easter Sunday use it or use a new candle. This is followed by two readings from scripture, a reflection, a Seder Table Ritual, Intercessions and the Our Father.

Hymn options are in **blue** with a YouTube link beside. To access, hover over the link, right click and choose 'Open link in a new tab'. In this way you will still be able to see the main text page whilst listening to the hymn.

The text in **red** are instruction not to be read out loud.

Reflection Song

'Two were bound for Emmaus' (Hurd)

<https://www.youtube.com/watch?v=uMpe3jVtFMs>

Two were bound for Emmaus, disheartened and lost;
all their hope for the future had been nailed to a cross.
Love unknown then walked beside them, come back from the dead,
and they knew he was risen in the breaking of bread.

On the Sea of Tiberius, when the night was nearly gone
and their toil seemed so useless, not one fish had they caught,
from the shore the stranger called to them:

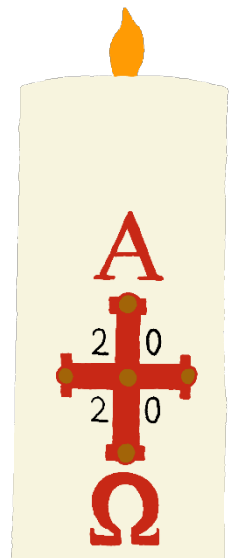
“Cast your net, friends, once more.”

And they filled it to bursting, but the net was not torn.

Then they knew it was Jesus they hastened in to shore;
bread and fish for their breakfast from the hands of their Lord.

“O Peter, if you love me you must care for my sheep;
if you follow your Shepherd, then a shepherd you'll be.”

When the road makes us weary, when our labour seems but loss,
when the fire of faith weakens and too high seems the cost,
let the Church turn to its risen Lord, who for us bore the cross,
and we'll find our hearts burning at the sound of his voice.



Two were bound for Emmaus, disheartened and lost;
all their hope for the future had been nailed to a cross.
Love unknown then walked beside them,
come back from the dead,
and they knew he was risen in the breaking of bread

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A Blessing of Light

The Leader lights the candle and says this prayer.

Leader

Let us pray
Blessed are you, Lord, God of light, Creator of the
Universe.
Gather us near to you on this holy day.
May the warmth and light of this flame remind us of
your love and presence,
God with us, through the Risen Christ.
Amen.

He Whakapaingia o te Rama

Kaiārahi

Me inoi tatou
Whakapaingia i ā koe, e te Atua, Matua o te rama,
te Kaihanga o te Ao.
Whakahuihui i a tātou tatangia ki a koe ki runga i
tēnei rā tapu.
Me kore te mahanatanga me te rama o tēnei mura,
me whakamahara i a tātou te aroha me te aroaro.
Ko te Matua ki ā mātou mā te Aranga ake o te
Karaiti.
Amine

Glory to God (Tony Alonso)

https://www.youtube.com/watch?v=vnmNz-gsFsM&list=RDvnmNz-gsFsM&start_radio=1&t=26

Refrain: Glory to God in the highest, and earth peace to people,
people of good will.

The Leader passes the candle to the Reader.

A Reading from Acts 2.14, 22-33

Then Peter stood up with the Eleven, raised his voice, and proclaimed:
“You who are Jews, indeed all of you staying in Jerusalem.
Let this be known to you, and listen to my words.
You who are Israelites, hear these words.
Jesus the Nazarene was a man commended to you by God
with mighty deeds, wonders, and signs,
which God worked through him in your midst, as you yourselves know.
This man, delivered up by the set plan and foreknowledge of God,
you killed, using lawless men to crucify him.
But God raised him up, releasing him from the throes of death,
because it was impossible for him to be held by it.
For David says of him:
I saw the Lord ever before me,



with him at my right hand I shall not be disturbed.
Therefore my heart has been glad and my tongue has exulted;
my flesh, too, will dwell in hope,
because you will not abandon my soul to the netherworld,
nor will you suffer your holy one to see corruption.
You have made known to me the paths of life;
you will fill me with joy in your presence.

“My brothers, one can confidently say to you
about the patriarch David that he died and was buried,
and his tomb is in our midst to this day.
But since he was a prophet and knew that God had sworn an oath to him
that he would set one of his descendants upon his throne,
he foresaw and spoke of the resurrection of the Christ,
that neither was he abandoned to the netherworld
nor did his flesh see corruption.
God raised this Jesus;
of this we are all witnesses.
Exalted at the right hand of God,
he received the promise of the Holy Spirit from the Father
and poured him forth, as you see and hear.”

Psalm 118

‘You will show me the path of life’ (Haugen)
<https://www.youtube.com/watch?v=36yPt8xqIGk>

Refrain: You will show me the path of life,
you, my hope and my shelter;
in your presence is endless joy,
at your side is my home forever.

Faithful God, I look to you, you alone my life and
fortune,
never shall I look to other gods, you shall be my one
hope.

From of old you are my heritage, you my wisdom and
my safety,
through the night you speak within my heart, silently
you teach me.

So my heart shall sing for joy, in your arms I rest
securely,
you will not abandon me to death, you shall not desert
me.

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Haami 118

E te Ariki, māu e whakakite mai te huarahi o te ora.

Tiakina ahau, e te Atua: e whakawhirinaki nei hoki
ahau ki ā koe.
Ko koe te wāhi i wehea mai mōku, taku kapu hoki.
Ko koe te kaiwhakapūmau i te wāhanga māku.

E te Ariki, māu e whakakite mai te huarahi o te ora.

Ka whakapaingia e ahau te Ariki, i whakamahara nei i
ahau;
Ka whakaako anō hoki ōku whatumanawa i ahau i te
pō.
Kua waiho tonu te Ariki ki tōku aroaro;
kei tōku ringa matau nei hoki ia, ekore ahau e
whakakorikoria.

E te Ariki, māu e whakakite mai te huarahi o te ora.

Koia i koa ai tōku ngākau, i whakamanamana ai tōku
korōria,
I takoto tūmanako ai anō ōku kikokiko.
Nō te mea e kore e waiho e koe tōku wairua ki te
reinga,
E kore e tukua tāu Mea Tapu kia kite i te pīrau.

E te Ariki, māu e whakakite mai te huarahi o te ora.

Ka whakakitea mai e koe ki ahau te huarahi o te ora;
kei tōku aroaro te hari nui, kei tōu matau ngā
āhuareka, ekore e mutu.

E te Ariki, māu e whakakite mai te huarahi o te ora.



Gospel – Luke 24.13-35

That very day, the first day of the week,
two of Jesus' disciples were going
to a village seven miles from Jerusalem called Emmaus,
and they were conversing about all the things that had occurred.
And it happened that while they were conversing and debating,
Jesus himself drew near and walked with them,
but their eyes were prevented from recognizing him.
He asked them,
"What are you discussing as you walk along?"
They stopped, looking downcast.
One of them, named Cleopas, said to him in reply,
"Are you the only visitor to Jerusalem
who does not know of the things
that have taken place there in these days?"
And he replied to them, "What sort of things?"
They said to him,
"The things that happened to Jesus the Nazarene,
who was a prophet mighty in deed and word
before God and all the people,
how our chief priests and rulers both handed him over
to a sentence of death and crucified him.
But we were hoping that he would be the one to redeem Israel;
and besides all this,
it is now the third day since this took place.
Some women from our group, however, have astounded us:
they were at the tomb early in the morning
and did not find his body;
they came back and reported
that they had indeed seen a vision of angels
who announced that he was alive.
Then some of those with us went to the tomb
and found things just as the women had described,
but him they did not see."
And he said to them, "Oh, how foolish you are!
How slow of heart to believe all that the prophets spoke!
Was it not necessary that the Christ should suffer these things
and enter into his glory?"
Then beginning with Moses and all the prophets,
he interpreted to them what referred to him
in all the Scriptures.
As they approached the village to which they were going,
he gave the impression that he was going on farther.
But they urged him, "Stay with us,
for it is nearly evening and the day is almost over."
So he went in to stay with them.
And it happened that, while he was with them at table,
he took bread, said the blessing,
broke it, and gave it to them.
With that their eyes were opened and they recognized him,
but he vanished from their sight.
Then they said to each other,
"Were not our hearts burning within us
while he spoke to us on the way and opened the Scriptures to us?"



So they set out at once and returned to Jerusalem
where they found gathered together
the eleven and those with them who were saying,
“The Lord has truly been raised and has appeared to Simon!”
Then the two recounted
what had taken place on the way
and how he was made known to them in the breaking of bread.

Ruka 24.13-35

Na, tokorua ākonga o Hēhu e haere ana i taua rā anō ki tētahi kāinga, ko Emau te ingoa, tekau mā tahi kirometa te mataaratanga i Hiruharama. Ā, e kōrero ana rāua tētahi ki tētahi ki ēnei mea katoa i meatia. Ā, i a rāua e kōrero ana e rapurapu ana ki a rāua, na, ko Hēhu tonu e whakatata mai ana, ā, haere tahi ana rātou. Otirā i puritia ō rāua kanohi, kei mōhio rāua ki ā ia. Na, ka mea ia ki a rāua, “He aha ēnei kupu e hurihuri nei kōrua ki a kōrua, i a kōrua e haere nei, ā, e pōuri ana kōrua?” Na, ka whakahokia e tētahi, ko Kereopa te ingoa, ka mea ki a Hēhu, “Ko koe anake te tauhou i Hiruharama kāhore e mōhio ki ngā mea kua meinga nei ki reira i ēnei rā?” Ka mea ia ki a rāua, “Ki ēhea?” Na, ka mea rāua, “Ki ngā mea o Hēhu o Nahareta, he poropiti ia, he kaha tāna mahi, tāna kōrero i te aroaro o te Atua o te iwi katoa. Ko tōna tukunga atu hoki e ngā Ariki-karakia nui, e ō mātou rangatira hoki kia whakataua te mate mōna, ki tōna ripeketanga hoki e rātou. Na, ko to mātou i tūmanako ai, māna e whakaora a Iharaira: a, hāunga ēnei mea katoa, ko te toru tēnei o ngā rā i meinga ai ēnei mea. Ā, i oho anō mātou ki tā ētahi wāhine o mātou, i tae ki te urupā i te mea kāhore anō i mārama noa. Na, kihai i kitea te tinana o Hēhu, ā, haere mai ana rātou ka mea, — kua kitea anō e rātou he putanga āhere i mea mai kei te ora ia. Heoi, ka haere atu ētahi o mātou ki te urupā, ā, rokohanga atu rite tonu ki tā ngā wāhine i kōrero ai, otirā kāhore ia i kitea.” Na, ka mea a Hēhu ki a rāua, “E te hunga kūare, ngākau pūhoi ki te whakapono ki ngā mea katoa i kōrero ai ngā poropiti. Kāhore iānei i takoto te tikanga kia pā ēnei mamae katoa ki a te Karaiti, ka tomo ai ki tōna korōria?” Na, ka tīmata a Hēhu i a Mōihi, ki ngā poropiti katoa e whakamāramatia ana ki a rāua ngā mea i roto i ngā Tuhituhinga katoa e pā ana ki ā ia. Ā, ka tata rātou ki te kāinga i haere ai rāua; na, ko te āhua o tō Hēhu haere, me te mea e haere tonu ana ia. Na, ka tohe rāua ki ā ia, ka mea, “E noho ki a māua! Kua tata hoki te ahiahi. Kua tītaha hoki te rā.” Na, ka tomo atu rātou. Ā, i a rātou e noho tahi ana ki te kai, ka mau ia ki te taro, ka whakapai, ka whawhati, ā, hoatu ana ki a rāua. Na, kua mawhera ō rāua kanohi, ā, ka mōhio ki ā ia; ā, whenumi atu ia i ō rāua kanohi. Ā, ka mea rāua tētahi ki tētahi, “Kihai koia i mumura ō tāua ngākau i roto i a tāua.” Na, ka whakatika rāua i taua haora anō, ā, hoki ana ki Hiruharama, ā, rokohanga atu e noho huihui ana te tekau mā tahi me ō rātou hoa. Ka mea mai rātou, “He pono anō, kua ara te Ariki, ā, kua puta mai ki a Haimona.” Na, ka kōrerotia hoki e rāua ngā mea i meatia i te ara, tō rāua mōhioanga hoki ki ā ia, i te whatiwahinga o te taro.





The Emmaus Road II by Daniel Bonnell, 2018

What are you drawn to in this picture, what do you notice? How does it make you feel? What does it mean for you? What has been burning in your heart over the last weeks?

Reflection

Look up, look around, look back – and learn from the lockdown by Alex Penk

“Victor Frankl was an Austrian and a psychiatrist, and he was also prisoner number 119,104 in four Nazi concentration camps. Following his wartime experiences he wrote one of the most influential books of all time, Man's Search for Meaning.

In it, Frankl observes that, "the prisoner who had lost faith in the future ... was doomed."

He acknowledges the truth expressed by the philosopher Friedrich Nietzsche, who famously said, "he who has a why to live for can bear with almost any how."

In other words, to endure adversity, we must find meaning in our lives and in our situations, no matter how challenging they are.

The clock is ticking towards the end of the lockdown. It's telling us it's time to begin our own search for meaning.”

Read the full article - <https://www.stuff.co.nz/business/121058102/look-up-look-around-look-back--and-learn-from-the-lockdown>



Prayers

Pray together or take a prayer each

For the Church; that Christians everywhere respond to the call to accompany people as Jesus did, listening in love, explaining the scriptures and opening pathways to faith.

Mo te Hāhi; ā ko ngā Karaitiana i ngā wāhi katoa ka whakautu ki te karanga te haere e ngā tāngata pērā i a Hehu Karaiti, kei te whakarongo i roto i te aroha, ka whakamārama ki ngā tuhituhinga me ngā huakina o ngā ara ki te whakaponu.

E te Ariki whakarongo mai rā ki ā mātou.

For leaders of nations; that there be a renewed desire by all in power to establish international practices for the sharing of goods, and cooperative processes promoting the health and wellbeing of all peoples and the environment.

Mo ngā kaiārahi o ngā iwi; ā mo te wawata whakahōu mā rātou ki roto i ngā kaha ki te whakapūmautia ngā whakaritenga o te ao mo te whakarātongia e ngā taonga, me te ngā tukanga mahi tahi ki te whakamana e te hauora, te oranga o ngā tāngata katoa me te taiao.

E te Ariki whakarongo mai rā ki ā mātou.

For the world which is fighting the Covid-19 pandemic; that families are able to renew their bonds of love, care, friendship, and their desire for the wellbeing of every family member and concern for neighbour.

Nā, mo te ao e whawhai ana i te mauuii Karauna-19; e ngā whānau ka whakahoungia ō rātou herea aroha, tiakina, whanaungatanga me ō rātou hiahia mo te oranga tonutanga mo ngā whanaunga katoa me ngā hoa noho piri tata.

E te Ariki whakarongo mai rā ki ā mātou.

For people across the world; that throughout these Easter days, people might awaken to a new awareness of the great love of God for all people and the whole of creation.

Mo ngā tāngata whakawhiti atu ki te ao; mā ēnei rangi o te Aranga, ka oho ake ngā tāngata ki tētahi mōhiotanga hou o te aroha nunui rawa atu o te Atua, te Matua Kaha Rawa mo ōna tāngata katoa o te hanga.

E te Ariki whakarongo mai rā ki ā mātou.

For people who are terminally ill; that the promise of the resurrection be a source of healing and hope in the last days of their lives.

Mo ngā tāngata e pau ana te mauuii; ā te ōati o te aranga ake te pūtake o te whakaoranga me te tūmanako i ngā rā whakamutunga o to rātou ora.

E te Ariki whakarongo mai rā ki ā mātou.



For people who are lonely; that just as the two disciples on the road to Emmaus enjoyed a deep friendship, so might those who are lonely or struggle to connect with others, develop meaningful relationships with people who care.

Mo ngā tāngata e mokemoke ana; ā e tika ana ki ngā āpotoro tokorua ki runga i te huarahi ki Emāuha e rata ana tō rāua whanaungatanga hohonu, ā ka taea i a rātou e mokemoke e pakanga ki te whakahonoa ki ētahi atu, ka whakapakari ngā whanaungatanga auaha ki ngā tāngata e manaaki e tiaki.

E te Ariki whakarongo mai rā ki ā mātou.

Please add your own prayers

The Lord's Prayer

Everyone prays this together

Our Father in heaven,
hallowed be your name,
your kingdom come,
your will be done,
on earth as in heaven.

Give us today our daily bread.
Forgive us our sins
as we forgive those who sin against us.

Save us from the time of trial
and deliver us from evil.
For the kingdom, the power, and the glory are yours
now and for ever. Amen.

Kua akona nei tātou e tō tātou Ariki,
ka inoi tatou

E tō mātou Matua i te rangi
Kia tapu tōu Ingoa.
Kia tae mai tōu rangatiratanga.
Kia meatia tāu e pai ai
ki runga ki te whenua,
kia rite anō ki tō te rangi.
Hōmai ki a mātou āiane
he taro mā mātou mō tēnei rā.
Murua ō mātou hara,
Me mātou hoki e muru nei
i ō te hunga e hara ana ki a mātou.
Āua hoki mātou e kawea kia whakawaia;
Engari whakaorangia mātou i te kino:
Nōu hoki te rangatiratanga, te kaha,
me te korōria,
Āke ake ake. Āmine.

E tō mātou Matua (sung Our Father with words)

https://www.youtube.com/watch?v=QlyK7c_Az8g



A Seder Table Blessing

If you wish, follow the ancient Jewish tradition of the Table Seder. Place the lit candle with the bread and cups of wine/juice on the table. Read the Prayer together or read a verse each.

Table Song: 'Ubi Caritas (Taize)

<https://www.youtube.com/watch?v=G2o27qpvfUc>

*Ubi caritas et amor, ubi caritas Deus ibi est.
Where charity and love are found, God is there.*

1st Century Prayer for household gatherings of Christians:

We give thanks to you, our Father,
For the life and knowledge which you have made
known to us.
Through Jesus, your servant, to you be glory
forever.

For as this broken loaf was once scattered over the
mountains and then was gathered in and became
one, so may our church be gathered together into
your kingdom from the very ends of the earth.
Yours is the glory and the power through Jesus
Christ forever.

Me whakapaingia e mātou ki a koe e te Matua,
Mo te oranga me te mātauranga mou kia mōhiotia
ai i a mātou.
Mā to mātou Ariki, to pononga, ki a koe te
kōroriatanga mo ake, ake.

Mo tēnei paraoa pakaru i marara ki runga i ngā
maungā ā i kohikohi ana ki roto, kātahi te
kōtahitanga, ka taea to tātou hāhi e whakakōtahi i ā
tātou ki roto i tō rangatiratanga mai i ngā taha
mutunga o te ao.
Nou hoki te kōroriatanga me te kaha mā Hehu
Karaiti to mātou Ariki mo ake, ake, ake.

Break the loaf into pieces and pass so each may take a piece to eat.

Take the cup of wine/juice saying;

We give thanks to you, our Father,
For the holy vine of David, your servant, which you
have made known to us.
Through Jesus, your servant, to you be glory
forever
Amen!

Me whakapaingia i ā mātou ki a koe, to mātou
Matua,
Mo te karepe o Rāwiri, to pononga, i whakamōhiotia
i a ia i ā mātou.
Mā to mātou Ariki, to pononga, ki a koe te
kōroriatanga mo ake, ake. Amene.

Pass the wine/juice so each may drink of the one cup.

Prayer of thanksgiving

We give thanks, O Holy Eternal One,
for your holy name and Spirit which you have made
to dwell in our hearts,
and for the knowledge and faith and life which you
have made known to us.
Through Jesus, your servant, to you be glory
forever.

Me whakapaingia e mātou e te Tapu Kotahi te Tika,
Mo tou ingoa tapu me te wairua i uru atu ki ōu
mātou ngākau,
Me te mātauranga te whakapono me te ora i tae te
mōhiotia i a mātou.
Mā to mātou Ariki, to pononga, ki a koe te
kōroriatanga mo ake, ake.





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You are the one who created all beings, you have given food and drink to the human family that there may be joy and thankfulness. But to us, you have given spiritual food and drink, and life eternal through your servant Jesus. Above all things we give thanks to you because you are love: to you be glory forever.

Remember, Lord, your church, deliver her from evil, make her complete in your love and gather her from the four winds into your kingdom which you have prepared for her. For yours is the power and the glory forever. Amen.

Sending Forth

Where there is inequality, let us speak up
Where there is confusion, let us be patient
Where there is good leadership, let us encourage
Where there is misinformation, let us seek truth
Where there is self-seeking, let us be in solidarity
Where there is darkness, let us be hopeful
Where there is mourning, let us be compassionate
Where there is meanness, let us be generous
Where there is loss of meaning, let our hearts burn within us
And, walk with us through this lockdown day, Risen Christ!

In the name of the Father, and of the Son and of the Holy Spirit. Amen.

Mou i hangaia i a mātou, i hōmai e koe i a mātou to whanau tāngata ngā kai, me ngā inu ā ka harikoa me mauruuru mātou. Ēngari ki ā mātou, nau i hōmaitia e ngā kai, ngā inu wairua, me te oranga tonutanga mā to mātou Ariki mā Hehu Karaiti. Kei runga noa ngā mea katoa ā ka hoatu ki ā koe te whakapaingia natemea ko koe te aroha, ki a koe te kōroriatanga mo ake, ake.

E te Matua maumaharatia e tou hāhi, tukua ia i te kino, whakaotingia ia i roto i tou aroha me kohikohi ia i ngā hau e whā i roto i tou rangatiratanga i whakaritea mōna. Mā tou kaha me te kōroriatanga mo ake, ake.
Amene.

Katoa

Kei whea ka hapaingia, kia whakanui te kōrero kia tātou.
Kei whea te whakamā, kia manawanui kia tātou.
Kei whea te kaiārahi pai rawa atu, kia whakatenatena kia tātou.
Kei whea te pōhehetanga, kia rapua te pono kia tātou.
Kei whea te whaia te rapu, kia whakakotahitia kia tātou.
Kei whea te pouri, kia tūmanakotia kia tātou.
Kei whea te pōuritanga, kia pūarohatia kia tātou.
Kei whea te tikanga, kia atawhai kia tātou.
Kei whea te whakamārama o te mea ngaro, kia mura ai i to tātou ngākau ki roto.
Me, hīkoi tahi tātou ki waenga i tēnei rangi raka, ko koe te Ariki te Aranga ake!

Ki te ingoa o te Matua, o te Tamaiti o te Wairua Tapu. Amene.



Christ in me arise (Thomson)

<https://www.youtube.com/watch?v=MXcYgTtO5gg>

Christ in me arise and dispel all the darkness.
Christ in me arise with your power and your strength.
Christ in me pour out your blessing and healing.
Christ in me arise and I shall rise with you.

Be now my vision, open these eyes,
showing me all that I must see.
Onward to the kingdom, you are the way.
Arise in me and I shall rise with you.

Be now my footsteps, leading the way,
taking me where I must go.
Onward to the kingdom, you are the way.
Arise in me and I shall rise with you.

You know my heart and you know my ways,
You who formed me in my mother's womb.
I live and move in you, my whole being thrives in you.

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